

MONDAY

Subak Significance

Discover Subak which plays an essential role in Balinese rice farming. Take delight in the beautiful landscape, while beneath the surface of mother nature, earth life flourishes by the virtue of Subak's vibrant magnificence.

📍 Permaculture
🕒 10.00am - 11.30am



Traditional Herbal Drink - Loloh

A traditional Balinese medicine with incredible health benefits and fascinating history.

📍 Permaculture
🕒 3.00pm - 4.00pm



Chandra Yoga

Immerse yourself in the practice of physical, mental and spiritual discipline. Yoga poses help to balance and harmonize your mind, body and emotions.

📍 Yoga Shala
🕒 4.00pm - 5.00pm



TUESDAY

Umah at Tanggayuda

Immerse in the way of living of the Balinese people. A leisure stroll to the neighboring village 'banjar' of Tanggayuda.

📍 Permaculture
🕒 10.00am - 11.00am



Permaculture Tour

Experience a unique permaculture tour in our garden, focusing on farm-to-table, health and wellness support, and essentially culture preservation.

📍 Permaculture
🕒 3.00pm - 4.00pm



WEDNESDAY

Surya Yoga

Immerse yourself in the practice of physical, mental and spiritual discipline. Yoga poses help to balance and harmonize your mind, body and emotions.

📍 Yoga Shala
🕒 8.00am - 09.00am



Coffee Cultures

Witness the traditional way of coffee bean processing prior to brewing and tasting the aromatic flavor of a cup of Balinese coffee whilst embracing fascinating Ubud's charming rice fields view from our Permaculture Garden.

📍 Permaculture
🕒 3.00pm - 4.30pm



THURSDAY

Subak Significance

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📍 Permaculture
🕒 10.00am - 11.30am



Traditional Bumbu Bali

Embark on a new culinary journey with herbs and spices from Kappa Senses Ubud's very own extensive permaculture produces, accompanied by a local specialist.

📍 Permaculture
🕒 3.00pm - 4.00pm



Chandra Yoga

Immerse yourself in the practice of physical, mental and spiritual discipline. Yoga poses help to balance and harmonize your mind, body and emotions.

📍 Yoga Shala
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FRIDAY

Surya Yoga

Immerse yourself in the practice of physical, mental and spiritual discipline. Yoga poses help to balance and harmonize your mind, body and emotions.

📍 Yoga Shala
🕒 8.00am - 09.00am



Tales of Arak

Discover the history of Arak, local heritage of Balinese ancestors, dating back to the Majapahit era (1293-1527).

📍 Permaculture
🕒 3.00pm - 4.30pm



SATURDAY

Balinese Temple Experience

Nestled in the secluded area of Banjar Tanggayuda, Kappa Senses Ubud continues combining cultural elements to experience during the island getaway.

📍 Permaculture
🕒 10.00am - 11.00am



Learn How To Make Balinese Offerings

Unveil Bali natives artistic side as you will learn to craft Balinese offerings serve as a symbol of gratitude praising the Divinity for his blessings.

📍 Permaculture
🕒 3.00pm - 4.00pm



SUNDAY

Umah at Tanggayuda

Immerse in the way of living of the Balinese people. A leisure stroll to the neighboring village 'banjar' of Tanggayuda.

📍 Permaculture
🕒 10.00am - 11.00am



Chandra Yoga

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📍 Yoga Shala
🕒 4.00pm - 5.00pm



MONDAY

Cultivate Your Own Plantation

Plant your very own Caladium tree with wishes for the future written on recycled wood while contributing meals to our permaculture residents.

- 📍 Permaculture
- 🕒 4.30pm - 5.30pm



TUESDAY

Rice Paddy and Subak Discovery

Little voyager exploration. Partake in an adventure of exploring neighboring rice paddy fields and enjoy the panoramic view of Ubud's indigenous rural village.

- 📍 Permaculture
- 🕒 4.30pm - 5.15pm



WEDNESDAY

Animal Feeding

Make friends with permaculture's little creatures. Get a chance to discover the life of the little swine, birds, rabbits, and chickens and feed them.

- 📍 Permaculture
- 🕒 8.00am - 8.45am



THURSDAY

Stone Painting

Unveil your little one's inner creative energy and spark the artistic desire by painting uniquely shaped stones available at the resort.

- 📍 Permaculture
- 🕒 4.30pm - 5.30pm



FRIDAY

Animal Feeding

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SATURDAY

Balinese Dance Lesson

Introducing the basic movements of Balinese dance and synchronizing gestures with the traditional gamelan into a harmonious choreography.

- 📍 Permaculture
- 🕒 4.30pm - 5.15pm



SUNDAY

Permaculture Harvesting

Time to give back to nature. At Kappa Senses Ubud, let your little one contribute meaningfully to the environment.

- 📍 Permaculture
- 🕒 4.30pm - 5.15pm

